



QUICK REFERENCE GUIDE

WHAT IS RUPrepare.ND.gov?

RUPrepare.ND.gov is a web-based career and educational planning program. Its tools will help students to enhance their self-awareness, build meaningful education and career plans, and prepare and pay for their postsecondary education.

CAREER PLANNING

Students discover who they are, learn about careers, and prepare for a job search. Under **Learn About Yourself**, multiple assessments allow students to explore their interests, values, and skills. Students **Explore Careers** to increase career awareness while finding the best career choices for their futures. **Get a Job** includes tools for resume writing and interview practice to help students prepare for the world of work.

HIGH SCHOOL PLANNING

Students develop a personalized **Plan of Study** and follow a **High School Planning Timeline**. The **Plan of Study** ensures that students are selecting courses that support their future career goals while meeting high school graduation and college admissions requirements.

COLLEGE PLANNING

Students **Prepare for College** with a **College Planning Timeline** and useful articles to help them get ready for college. They can **Explore Schools** to find an institution that is the perfect match for their economic, geographic, social, and academic needs. The **Explore Programs and Majors** tools assist students in finding a program or major that supports their future career goals. Students begin the college admissions process using the tools in **Applications and Transcripts**. **Test Prep** helps students to have the best test scores possible.

FINANCIAL AID PLANNING

Students use information and tools to develop a plan to successfully finance their postsecondary education. They can start with the financial aid basics in **Financial Aid 101**. The **Financial Aid Calculators** help students to calculate how much they should be saving, their expected family contribution, and what it will cost to pay back their loans. Students are able to **Build a Financial Plan** in seven easy steps and **Find Scholarships** to offset some of their expenses.

YOUR PORTFOLIO

Students can save all of their work, including assessment results, career and educational plans, saved career and education articles, saved scholarships, and job search activities. Students can assess their achievement by evaluating their progress through the **Milestones**. **Your Profile** allows students to develop goals, track activities, self-reflect, and update personal information. To fully reflect their achievements, students can attach documents including work samples, photographs, letters of recommendation, or other relevant items.

www.RUPrepare.ND.gov

FOR HELP USING OUR TOOLS CONTACT OUR CUSTOMER SUPPORT TEAM
CALL 800.281.1168 OR E-MAIL TECH-SUPPORT@XAP.COM