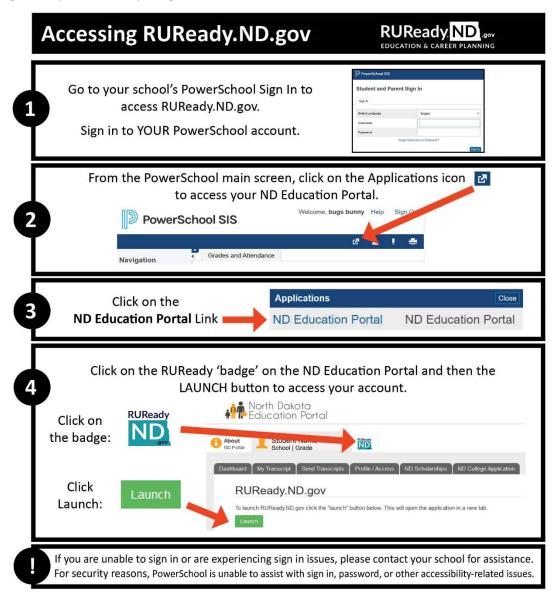
ame:	Teacher:	Period:
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RUReady.ND.gov Interest Profiler and Career Exploration

1. Sign in to your RUReady.ND.gov account:



- 2. Click on the Career Planning tab.
- 3. Click on Learn About Yourself
- 4. Click on Interest Profiler
- 5. Click Get Started. Answer the questions using Strongly Dislike, Dislike, Unsure, Like, and Strongly Like.
- 6. Read through your results.
- 7. Complete the **Reflecting on your Interest Profiler results** at the bottom of the page then click **Save**. What are your **top two interest areas**? Circle your top two:

Realistic	Investigative	Artistic	Social	Enterprising	Conventional

8. Click Matching Careers (located on the top or bottom of the page on the right side).

- 9. Spend some time researching matching careers by choosing one of the following:
 - The **Best Match** tab click a career to see its profile.
 - The **Education Level** tab to view careers at certain education levels, i.e., Professional or graduate degree, Bachelor's degree, one to two years post-secondary training, High school completed (GED), High school not completed (but preferred).

Tip! Click on the stars in the **Your Match** column to see how closely you match the interest profile of the career.

- 10. Locate **Refine Your Search** on the left side of the page. Click on **Use these interests in the Career Finder** to combine your interests with earnings, education and other characteristics.
- 11. At the bottom click **See Your Matching Careers** (to add interest results to search).
- 12. To add more characteristics to your search, choose the characteristic you'd like to add by clicking on it and making your choices.
 - For example, on the left side, click on Education Level. Choose the level of education you would
 like to complete after high school (not the level you have now). Click See Your Matching Careers.
- 13. If you have no careers that match all the characteristics you selected, change your selections or click on View careers that match all but 1 of the characteristics you selected.

	View car	reers that match all but 1 of the characteristics you selected.					
14.	You can	You can sort your list by State Average Annual Earnings (click twice so the highest paid positions are at the					
	top of yo	our list).					
15.	From yo	From your lists, what are four careers that interest you now?					
	1		_				
	3	4	_				
		Career Exploration					
Dire	ctions: C	Choose one career from your list on page 1 and answer the following questions.					
Wha	at career	are you researching?					
1.		that career in the list. Watch the career video (if available) then read about What They Do. What career cluster/career pathway does this career fall under?					
		Career Cluster: Career Pathway:	_				
	b.	List three of the typical tasks/responsibilities this career requires you to do.					
		1	_				
		2	_				
		3	_				
	C.	List three of the working conditions and physical demands.					

		3					
	d.		the working hours?	·			
	e.	related to	e Specialty or Simila the career you selec	cted.		her careers that are	
2.		the Is This fo	or You tab on the rig	ght. Does this car	•	nterest Areas , your	Work Values,
	R	Realistic	Investigative	Artistic	Social	Enterprising	Conventiona
	a.		O Interest Areas are	•	•	in #8 on page one)	
	b. c.		nterest areas the sar k Values for the car				
		1			2.		
	d.	List 3 Apti t	tudes for the career	you are research	ning:		
		1		2		3	
3.	Click on 9	Skills Neede	e d on the right.				
			c Skills that are impo	ortant for this car	reer.		
		1					
		2					
		3					
		4					
	List 3 T	ransferable	Skills used in this c	areer that are als	so used in other o	careers.	
		1					
		2					
		3					

n +h o \A/h = + + = ! = =	ah an tha laft					
n the What to Learn to	ab on the left.					
a. Under High School , what Cluster and Pathway should you look at to learn more ab						
courses that are re	courses that are recommended in high school?					
Cluster:	Pathway:					
o. Under Beyond Hig	h School are there any programs listed that you should consider if you're					
interested in this career?						
Program(s) listed:						
c. Scroll down to Edu	Scroll down to Education Level . Is an education level beyond high school required? \square YES \square N					
If yes, what kind of degree is required and how many years will it take to complete? (Scroll down						
the bottom of the	page to see if there are any Extra Requirements.)					
Degree	How many years to complete?					
Add any Additional Information or Extra Requirements you think are important:						
on the Money & Outl	ook tab.					
a. How much money	can you earn in this career in North Dakota? Nationally?					
,	·					
,	rage Annual Wage: (If North Dakota is not listed, answer with N/A.)					
North Dakota Ave	rage Annual Wage:					
North Dakota Ave	rage Annual Wage:(If North Dakota is not listed, answer with N/A.)					
North Dakota Ave National Average	rage Annual Wage:(If North Dakota is not listed, answer with N/A.) Annual Wage:					
North Dakota Ave	rage Annual Wage: (If North Dakota is not listed, answer with N/A.) Annual Wage: nal Employment and Outlook for this career?					
North Dakota Ave	rage Annual Wage: (If North Dakota is not listed, answer with N/A.) Annual Wage: nal Employment and Outlook for this career? Job Openings Employment:					
North Dakota Average A What is the Nation Outlook: Growth: there Military Options	rage Annual Wage: (If North Dakota is not listed, answer with N/A.) Annual Wage: nal Employment and Outlook for this career? Job Openings Employment: Industries:					
	courses that are recourses that are recourses that are recourses. Cluster:					

Read about Workplace Skills and list at least 1 workplace skill used in this career:

/٠	Read Hore about this career under the connections tab. For can find out about associations, internet
	sites, related career information, military career opportunities and access to job banks by state. You car
	also learn more by reading information on the Interview tab, if provided.
8.	Practice on Real-Life Activities and see if you have what it takes!
9.	Is this a career that you would consider? □YES □ NO
V	Vhy or why not?
10.	What questions do you still have?

Additional activities:

- 1. Compare to Another Career
- 2. Start a Career Plan