


RUReady.ND.gov Interest Profiler and Career Exploration

1. Sign in to your RUReady.ND.gov account:
 - a. Go to www.ruready.nd.gov
 - b. Enter Your Account Name: **nd.lastname.firstname.mmddyyyy** (your birthdate)
 - c. Enter Your Password: If this is your first time in RUReady.nd.gov, your password is your birthdate with 8 numbers: mmddyyyy. You will be asked to change your password, consider using your student ID number or another password your counselor/teacher has suggested.
 - d. If you are unable to sign in ask your counselor/teacher to reset your password.
2. Click on the **Career Planning** tab.
3. If you need assistive technology use the **UserWay Widget** for assistance with the following:
 - contrast, highlights links, text size, text spacing, pause animations, legible fonts and cursor.
 - Click on the green UserWay icon  in upper right-hand corner to select accessibility tools.
4. Click on **Learn About Yourself**
5. Click on **Interest Profiler**
6. Click **Get Started**. Answer the questions using **Strongly Dislike, Dislike, Unsure, Like, and Strongly Like**.
7. Read through your results.
8. Complete the **Reflecting on your Interest Profiler results** at the bottom of the page then click **Save**. What are your **top two interest areas**? Circle your top two:

Realistic	Investigative	Artistic	Social	Enterprising	Conventional
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9. Click **Matching Careers** (located on the top or bottom of the page on the right side).
10. Spend some time researching matching careers by choosing one of the following:
 - The **Best Match** tab click a career to see its profile.
 - The **Education Level** tab to view careers at certain education levels, i.e.; Professional or graduate degree, Bachelor's degree, One to two years post-secondary training, High school completed (GED), High school not completed (but preferred).

Tip! Click on the stars in the **Your Match** column to see how closely you match the interest profile of the career.
11. Locate **Refine Your Search** on the left side of the page. Click on **Use these interests in the Career Finder** to combine your interests with earnings, education and other characteristics.
12. At the bottom click **See Your Matching Careers** (to add interest results to search).
13. To add more characteristics to your search, choose the characteristic you'd like to add by clicking on it and making your choices.
 - For example, on the left side, click on **Education Level**. Choose the level of education you would **like to complete** after high school (not the level you have now). Click **See Your Matching Careers**.
14. If you have no careers that match all of the characteristics you selected, change your selections or click on **View careers that match all but 1 of the characteristics you selected**.
15. You can sort your list by **State Average Annual Earnings** (click twice so the highest paid positions are at the top of your list).
16. From your lists, what are four careers that interest you now?
 1. _____
 2. _____
 3. _____
 4. _____

Career Exploration

Directions: Choose one career from your list on page 1 and answer the following questions.

What career are you researching? _____

1. Click on that career in the list. Watch the **career video** (if available) then read about **What They Do**.
- a. What career cluster/career pathway does this career fall under?

Career Cluster: _____ **Career Pathway:** _____

- b. List **three** of the typical **tasks/responsibilities** this career requires you to do.

1. _____

2. _____

3. _____

- c. List **three** of the **working conditions and physical demands**.

1. _____

2. _____

3. _____

- d. What are the **working hours**? Are there any **travel requirements**?

Working Hours: _____ Travel Requirements: _____

- e. Look at the **Specialty or Similar Careers** list. List **two** or more other careers that are **similar** or **related** to the career you selected.

1. _____ 2. _____

2. Click on the **Is This For You** tab on the right. Does this career match your **Interest Areas**, your **Work Values**, your **Aptitudes**? **Circle the Interest Areas that are listed for this career:**

Realistic	Investigative	Artistic	Social	Enterprising	Conventional
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- a. Which **TWO** Interest Areas are your top interest areas? (circled in #8 on page one)

1. _____ 2. _____

- b. Are your interest areas the same or different? _____

- c. List **2 Work Values** for the career you are researching:

1. _____ 2. _____

- d. List **3 Aptitudes** for the career you are researching:

1. _____ 2. _____ 3. _____

3. Click on **Skills Needed** on the right.

a. List **4 Basic Skills** that are important for this career.

1. _____

2. _____

3. _____

4. _____

List **3 Transferable Skills** used in this career that are also used in other careers.

1. _____

2. _____

3. _____

Read about **Workplace Skills** and list at least 1 workplace skill used in this career:

1. _____

4. Click on the **What to Learn** tab on the left.

a. Under **High School**, what **Cluster and Pathway** should you look at to learn more about the courses that are recommended in high school?

Cluster: _____ Pathway: _____

b. Under **Beyond High School** are there any programs listed that you should consider if you're interested in this career?

Program(s) listed: _____

c. Scroll down to **Education Level**. Is an education level beyond high school required? YES NO
If yes, what kind of degree is required and how many years will it take to complete? (Scroll down to the bottom of the page to see if there are any Extra Requirements.)

Degree _____ How many years to complete? _____

Add any **Additional Information** or **Extra Requirements** you think are important:

5. Click on the **Money & Outlook** tab.

a. How much money can you earn in this career in North Dakota? Nationally?

North Dakota Average Annual Wage: _____
(If North Dakota is not listed, answer with N/A.)

National Average Annual Wage: _____

What is the National Employment and Outlook for this career?

Outlook: _____ Job Openings _____ Employment: _____

Growth: _____ Industries: _____

6. Are there **Military Options** for this career? YES NO

a. Earnings: _____

b. Services offering this occupation: _____

7. Read more about this career under the **Connections** tab. You can find out about associations, internet sites, related career information, military career opportunities and access to job banks by state. You can also learn more by reading information on the **Interview** tab, if provided.

8. **Is this a career that you would consider?** YES NO

Why or why not?

9. What questions do you still have?
