Explore Careers and Plan Your Future
With RURReady.ND.gov

INTEREST PROFILER
How do I access RURready.ND.gov?

PUBLIC SCHOOL student in grades 6-12:

1. Go to your school’s PowerSchool Sign In to access RURready.ND.gov.
2. Sign in to your PowerSchool account.
3. From the PowerSchool main screen, click on the Applications icon to access your ND Education Portal.
4. Click on the ND Education Portal Link.
5. Click on the RURready ‘badge’ on the ND Education Portal to access your account.

If you are unable to sign in or are experiencing sign in issues, please contact your school for assistance. For security reasons, PowerSchool is unable to assist with sign in, password, or other accessibility-related issues.

I’m a PRIVATE or TRIBAL SCHOOL student in grades 6-12:

1. Go to RURready.ND.gov.
2. Click Create an Account.
3. Click on the role that best describes you (Middle School or High School Student.)
4. Enter your name and date of birth and select your school and graduation year.
5. Select your Account Name and Password with care. You will use this to access the site.
7. Check the box if you agree to the privacy policy and terms of the site.
8. Click Submit.

Full Instructions for Public School students.
Full Instructions for Private/Tribal School students.
The UserWay Widget

The UserWay widget offers assistance with the following:

- Contrast
- Highlight Links
- Bigger Text
- Text Spacing
- Pause Animations
- Dyslexia Friendly
- Cursor
- Tooltips

Click on the green UserWay icon in the upper right-hand corner of the screen to select accessibility tools.
Find the Interest Profiler

Click on the CAREER PLANNING tab.
Click on Learn About Yourself.
Click on Interest Profiler

LEARN ABOUT YOURSELF

You can learn about yourself in many different ways. Explore how you match with careers by using one or all of the career assessments listed below.

- **Interest Profiler**
  - Figure out what interests you have and match them to careers.
  - Duration: 10-20 minutes

- **Career Cluster Survey**
  - Find out which career cluster is right for you with this quick survey.
  - Duration: 15-25 minutes

- **Basic Skills Survey**
  - Find out what careers require your basic skills.
  - Duration: 30-45 minutes

- **Transferable Skills Checklist**
  - See how the skills you've learned can lead to new opportunities.
  - Duration: 30 minutes

- **Work Values**
  - Find your work values and match them to career options.
  - Duration: 5-10 minutes

- **The Career Key**
  - Discover your career interest areas in a few quick steps.
  - Duration: 10-15 minutes
Click on GET STARTED
Answer the Questions
Tracks Your Progress
Your Interest Profile
Refine Your Search

Use your interests to search for careers in the Career Finder.
Click **See Your Matching Careers** to add interests to your search.
Click on Education Level
Education Level
Choose the level you HOPE to achieve.

Click on See Your Matching Careers
Sort by State Average Annual Earnings

<table>
<thead>
<tr>
<th>CAREER</th>
<th>EDUCATION LEVEL</th>
<th>STATE AVERAGE ANNUAL EARNINGS</th>
<th>CAREER CLUSTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acute Care Nurse</td>
<td>Associate's degree</td>
<td>$24,740</td>
<td>Health Science</td>
</tr>
<tr>
<td>Adapted Physical Education Specialist</td>
<td>Bachelor's degree</td>
<td>$28,000</td>
<td>Education and Training</td>
</tr>
<tr>
<td>Ambulance Driver/Attendant</td>
<td>High school preferred, plus moderate length, on-the-job training</td>
<td>$28,650</td>
<td>Transportation, Distribution and Logistics</td>
</tr>
<tr>
<td>Animal Control Worker</td>
<td>High school preferred, plus moderate length, on-the-job training</td>
<td>$28,400</td>
<td>Law, Public Safety, Corrections and Security</td>
</tr>
<tr>
<td>Armored Assault Vehicle Officer (Military - Officer)</td>
<td>Bachelor's degree</td>
<td>$43,470</td>
<td>Government and Public Administration</td>
</tr>
<tr>
<td>Athletic Trainer</td>
<td>Bachelor's degree</td>
<td>$43,470</td>
<td>Health Science</td>
</tr>
<tr>
<td>Audio-Visual Collections Specialist</td>
<td>Bachelor's degree</td>
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</tr>
</tbody>
</table>
Career Exploration

What They Do

Make sure to watch the career profile video.
Is This For You?

Interests
The following categories describe the work interests (compatible with Holland’s Model) of people who tend to succeed in this career:

- **Conventional**: You are an "organizer". Keeping things neat and organized is important to you. You like working with checklists and reports, and work well with plans and authority.
- **Realistic**: You are a "doer". You like physical activities and problems. You like to find the answers to problems by doing hard work or taking matters in your own hands.
- **Enterprising**: You are a "helper". You like being around people and helping them with problems. Socializing is fun for you.

Your Interests
The list below shows the Interests Profile your website uses:

- **Civic**
- **Realistic**

Take the Interests Profile again.

Work Values
Work values are aspects of work that are satisfying to you. The following work values are generally associated with this career:

- **Prestige**: It’s very important to you that you have friendly co-workers. You would like to be of service to others without compromising your sense of right and wrong.
- **Leadership**: It’s very important to you to know the company stands behind its workers and has competent, competent and fair management.

Tell me more about Work Values...

What are your work values?
Dow the Work Values Survey to find out.

Aptitudes
Aptitudes reflect a person’s ability to acquire skills and knowledge. The following aptitudes are important for success in this career:

- **Verbal**: listen, speak
- **Numerical**: math, science
- **Reasoning**: think, judge
- **Finger dexterity**: use hands

Tell me more about Aptitudes...
Skills Needed

Skills Needed

Basic Skills
- Active listening
- Critical thinking
- Monitoring

Transferable Skills
- Collecting and recording medical information
- Helping people understand health care instructions
- Reading physical or mental conditions
- Using medical or dental instruments to treat patients
- Working as a member of a health services team

Improve Your Skills
- Note: You may have noticed that you are always improving while you work. Keep your mind open and flexible.
- Skill: You can always improve with time. Just keep your mind open and flexible.
- Skill: Your career covers many areas. You can always improve with time. Just keep your mind open and flexible.
What To Learn

High School

What high school courses should you take if you’re interested in this career? Get your answers from the Health Science Cluster (Henschel Series) website.

Beyond High School

Here’s a list of programs that you should consider if you’re interested in this career:

- Dental Assisting/Assistant

Education Level

Education training and experience are required at different levels for success in different occupations.

One to two-year post-secondary training

There are several pathways to becoming a dental assistant. Some states require assistants to graduate from an accredited program and pass an exam. In other states, there are no formal educational requirements and dental assistants learn how to do their jobs through on-the-job training.

Additional Information

Dental assistants comlete their training through one of two routes. Some are trained on the job. Others attend training programs.

Dental-assisting programs are available through community and junior colleges, trade schools, technical institutes or through the Armed Forces.

Licensed certified dental assistants must meet a continuing education requirement to maintain their licenses.

“It’s also important to have CPR skills,” says Lois Parente, director of the California Dental Association. Parente advises those interested in a dental assistant career to study science, office practice and computer coursework.

Dental assistants must be caring and compassionate. They must have good communication skills and a good work ethic. They must be good with their hands.

Computer skills are important. “We work with digital tools like digital radiography and digital impressions,” said Parente. “Computer skills are a necessity for today’s student.”

In some locations, speaking a second language is helpful. Parente says Spanish-speaking dental assistants are in demand in California.

Marian Heuer is the executive director of a dental association. She would like to see all dental assistants become credentialed. “We’re a public health issue,” she points out. Certified dental assistants provide infection control. They perform tasks that could put both themselves and the public at risk if not done correctly.

Many dental assistant associations are actively lobbying governments to make crediting a requirement.

Extra Requirements

Some states require dental assistants to be certified; requirements vary by state. States that allow assistants to perform expanded duties, such as remote polishing, require that they be licensed, registered, or hold certifications from the Dental Assisting National Board (DANB).

For additional information, visit these websites:

- http://www.americanmedassoc.org
- http://www.dena.org
Money and Outlook and Military Options
Connections and Interviews

**Interviews**

Would you like to talk to a dental student?

Dr. Melissa Johnson was a dental student who could provide you with some valuable insights. She completed dental school and has returned to the clinic where she practiced. She is currently working as a dental assistant at a local clinic.

**Interviwees**

- Melissa Johnson
- Dr. Richard Williams

**Website**

[http://www.dentalassistant.org](http://www.dentalassistant.org)

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[http://www.dentalassistant.org](http://www.dentalassistant.org)

**Dental Assistant National Board**

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**Dental Assistant Certification**

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Take-Away

• Did you learn anything new about yourself?
• How will you use this information in the future?