

Activity 21: Focus on My Career

Target Audience: Grades 9-12

Objective: The students will:

- Evaluate their progress in the career planning process.
- Create a summary of actions needed to meet their career goals.

ASCA Standard	National Career Development Goal	National Career Development Guidelines
Academic Development Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Educational Achievement Goal 1: Attain educational achievement and performance levels needed to reach your personal and career goals.	ED1.K1: Recognize the importance of educational achievement and performance to the attainment of personal and career goals. ED1.A1: Demonstrate educational achievement and performance levels needed to attain your personal and career goals. ED1.R1: Evaluate how well you have attained educational achievement and performance levels needed to reach your personal and career goals.

Resources and Materials:

'Focus on My Career' activity sheet

- **Career Outlook**,
 - What is Career and Technical Education (CTE)? Page 3
 - North Dakota Career and Technical Education Student Organization (CTSO) page 4-5
 - Feature Articles (table of contents page 5)
 - Apprenticeship page 52; CTE Champions pages 19, 48 and 51
 - ND CTE Program Area Section page 10-11
 - How to Use the Occupational Section page 28
 - Work-based Learning page 50
 - Job Service North Dakota page 59
 - AmeriCorps, Quentin N. Burdick Job Corps Center, and Military Ready Options page 53
 - ND Center for Distance Education and Bank of ND page 54
 - Why Choose a NDUS School page 55
 - Make an Impact, Be Legendary with ND State Government page 56
 - RUReady.ND.gov page 64

Leading Questions and/or Comments: This lesson is a resource the students can use to evaluate their progress on their career goal. This lesson could be used in conjunction with the My Career Plan lesson or Rate My Workplace Skills lesson to assist students in long term career planning.

Activities:

This lesson provides a big picture look for students related to what they need to accomplish to meet their career goal.

- Read 'What is Career and Technical Education (CTE)?' on page 3 of **Career Outlook** and ND CTE Program Area of Study Section pages 10-11 and discuss how students can build skills through CTE courses and programs.
- Review what North Dakota CTSO's have to offer and discuss how being a part of a CTSO can help students meet their career goals.
- Read the four feature articles on pages 19, 48, 51 and 52 and discuss the steps these former North Dakota students took to pursue their career goals.
- Use the ND CTE Program Areas and Occupational Section in the **Career Outlook** for more information and planning resources.
- Read about the new Work-based Learning Module in RUReady.ND.gov can give students a change to interact directly with an employer and gain real-life work experience and develop connections.

- Review employment projections on the Job Service ND page.
- Discuss other options available, AmeriCorps, Job Corps, Military pages 53-54
- Review opportunities available in the state of ND, NDUS and ND State Government pages 55 and 56.
- Discuss the activities in RUReady.ND.gov that students can use to explore their purpose, find their path, and plan their future on page 64 and at RUReady.ND.gov.

Have students:

- Complete the “To Do” checklist in the activity to evaluate their own skills and set goals to improve the necessary skills needed.
- Discuss how they can get the resources, information and support they need for their career journey.

Making Connections for Students:

Ask the students:

- Why is it important to keep reviewing your progress as you work towards a career plan?

Optional Activities:

- Students can scan this activity sheet and download it to their portfolio in www.RUReady.ND.gov or add as a journal entry.
- Students can log in to their RUReady.ND.gov account and complete the Career Plan Builder activity (under Career Planning).