

Activity 15: My Career Plan

Target Audience: Grades 7-12

Objective: The student will:

- Develop a career plan.
- Evaluate their skill level and related experiences.
- Compare their skills to their career goal.

ASCA Standard	National Career Development Goal	National Career Development Guidelines
Career Development Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.	Career Management Goal 1: Create and manage a career plan that meets your career goals.	CM1.K2: Describe how to develop a career plan (e.g., steps and content) CM1.A2: Develop a career plan to meet your career goals. CM1.R2: Analyze your career plan and make adjustments to reflect ongoing career management needs.

Resources and Materials:

- My Career Plan activity sheet
- Career Outlook, Occupational Section, pages 12-51

Leading Questions and/or Comments:

Explain to students that career goals are goals that you set for your career path. They can be anything from your career choice to where you want to be in your career in a certain number of years. A career defines how you want to spend a large part of your life, so career goal setting is something that everyone should be doing regardless of what career they choose.

Example; “My career goal is to be a construction manager someday. To achieve this career goal, I need a two year degree in Construction Management and some on- the-job experience.”

Ask the students:

If this was your career goal, what skills and experiences would help you reach your career goal?

Activities:

Do the following:

- After a brief introduction to writing career plans, have the students write their career plan by filling out the My Career Plan activity sheet.
- The Career Outlook, Occupational Section, pages 12-51, will provide them with information about occupations.
- When the students have completed their career plan, they can share with the class or place it in their student portfolios.

Making Connections for Students:

Say to the students:

The process of writing down a career plan is a valuable step in career planning. Your career plan will change with your changing needs but you may use this process along the way to figure out what is best for you and your career decisions.