

RU Ready for Life after High School?

How ready are you to go to college to achieve the training/education you need to be successful in the career you want?

Directions: Take the **Are You Ready for Life after High School?** college readiness survey to help you take a closer look at your academic maturity, motivation, learning styles, assertiveness, social skills, advice seeking and planning, and goal setting. Remember the quality of the results depends on your responses.

Review and reflect on your survey scores to answer the following questions:

1. Look at the 3's and 4's you selected on the checklist. Which item(s) do you think will help you the most towards achieving your career goal and why? _____

2. Look at the 1's and 2's you selected. Write three goals to better prepare yourself in these areas.

1. _____

2. _____

3. _____

***College is an investment in getting the career you want.
Succeeding is up to you!***

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Let's face it; how you've done so far in your school and work has a lot to do with your personal skills. See how your skills compare to the ones you'll need for the future, like college or your career.

- Rate yourself a:
- 4 my skills are great**
 - 3 I'm doing pretty well**
 - 2 my skills are ok**
 - 1 I need to work on my skills**

- _____ I am organized and prepared for the day.
- _____ I work independently on my class assignments.
- _____ I am comfortable taking exams and answer the best I can.
- _____ I have good critical thinking skills and put them to use.
- _____ I get my work done promptly.

- _____ I persevere in all I do and work hard on any given assignment.
- _____ I go to classes without reminders from parents or teachers.
- _____ If I miss class, I remember to get my make-up work for my classes without reminders.
- _____ If I need help, I will find the teacher or another person to help me and I respond to their feedback.
- _____ I use my decision making skills to make positive choices.

- _____ I get my assignments in on time and keep up to date on my work.
- _____ I know what study methods work best for me and use them to take notes.
- _____ I have an interest in learning.
- _____ I take advantage of the library, computers, and all resources.
- _____ I seek out advice from others who are knowledgeable about a subject and look for feedback on my work.

- _____ I work well with strangers and am fairly comfortable with them.
- _____ I monitor my own performance and set goals for myself.
- _____ I manage my time wisely.
- _____ I choose courses that help me prepare for my future and that I will enjoy.
- _____ I persevere and do not give up.

- _____ I will find more information and get extra sources to prepare if the teacher does not specifically cover a topic in class.
- _____ I will review material on my own if I get behind.
- _____ I will get my work done, even if I feel under pressure.
- _____ I know what I want my future to look like or at least have an idea.
- _____ I participate in class and am my own leader.

Add up total points: _____

- 100 - 88: You seem to have the skills to understand and connect information and will probably be successful in whatever you pursue after high school.
- 87 - 63: You have a focus in what you would like accomplished in your education and are willing to use your strengths to accomplish your goals.
- 62 - 38: You are seeking your talents and aligning them with your goals. You may need to search out resources that would help you with your effectiveness.
- 37 - 25: You may need to develop your skills before continuing on. Seek out some resources that will help you develop the skills to be successful in either the academic environment or your job. Try talking to your school counselor; he or she could be very helpful.