

Activity 14: RU Ready for Life after High School?

Target Audience: Grades 10-12

Objective: The students will:

- Assess their readiness for life after high school.
- Discuss in writing how they can better prepare themselves for postsecondary education.

ASCA Standard	National Career Development Goal	National Career Development Guidelines
Personal/Social Standard B: Students will make decisions, set goals and take necessary action to achieve goals.	Career Management Goal 4: Master academic, occupational, and general employability skills in order to obtain, create, maintain, and/or advance your employment.	CM4.K3: Recognize that a variety of general employability skills and personal qualities (e.g., critical thinking; problem solving; resource; information; and technology management; interpersonal skills; honesty, and dependability) are important to success in school and employment. CM4.A3: Demonstrate attainment of general employability skills and personal qualities needed to be successful in school and employment (e.g., critical thinking; problem solving; resource; information; and technology management; interpersonal skills; honesty, and dependability). CM4.R3: Evaluate your general employability skills and personal qualities (e.g., critical thinking; problem solving; resource; information; and technology management; interpersonal skills; honesty, and dependability).

Resources and Materials:

- RU Ready for Life After High School? activity sheet
- RU Ready for Life After High School checklist

Leading Questions and/or Comments:

This is an informal survey related to college readiness. It should be used as a tool for thought and discussion, not as a diagnostic tool. Discuss with the students the attributes that make them better prepared for life after high school. Talk about the following:

- How do you know that you are ready for the next step beyond high school graduation?
- What have you done to prepare for the next step in your life?

Activities:

Instruct students to do the following:

- Complete the RU Ready for Life After High School? checklist
- Using the RU Ready for Life After High School? activity sheet, take a look at the responses and answer the questions as honestly as possible.

Making Connections for Students:

Ask the students:

- Now that you have taken some time to review your responses, what suggestions would you make to someone who wanted to further develop in these areas? (Join student organizations to learn to compromise, socialize, develop leadership skills/take classes that will develop skills/make connections with parents, counselors and teachers that can help you define your future)
- How can this assessment help you prepare for your future work life?

Optional Activities:

Have students:

- Use www.RUReady.ND.gov to journal in their portfolio to discuss what they have learned about themselves and what their plans are to make improvements in the areas that are not strong.