** CareerViewXR Worksheet**

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **1. What job shadow or field trip did you experience?** |
| **2. What skills or abilities are required for this career?** |
| **3. Do these skills align with your personal strengths and interests? Explain.** |
| **4. What are some of the challenges and/or rewards that you could imagine if you had this career?** |
| **5. Is this career something you might want to pursue in the future? Why or why not?** |
| **6. What are some short- and long-term goals you can set for yourself in terms of your education and career exploration?** |
| **7. Go to your RUReady account. Search for this career. What kind of education or training is needed for this career?** |

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